The Local Human Rights Committee for Southwestern Virginia Training Center met on Wednesday, February 22, 2006, at 2:00 p.m. in the IHP Review Room. Chairperson, Donald Lyons, called the meeting to order and presided.

On a motion by Betty Meredith, and a second by Joyce Bunn, the minutes from the January 25, 2006, meeting were unanimously approved.

SWVTC Staff Development Director, Karen Poe, reported that the Virginia Tech falls prevention project is underway and going well. She explained the studies being done and showed pictures of the residents. 21 residents are participating currently. There will be an article in the paper this week and probably TV coverage of the project.

Myrtle McMillan, Staff Trainer, and Thomas McKnight (Squeak), Psychology Assistant, demonstrated (with the assistance of BJ McKnight) the physical restraint holds utilized and approved under the Therapeutic Options of Virginia (TOVA). This included secure escort, body hug, 1 and 2 arm restraint, and seated restraint. Myrtle explained that staff are required to be re-trained in these procedures annually.

A motion was made by Loretta Evans and seconded by Dr. Wilson that the Local Human Rights Committee go into Executive Session pursuant to VA Code 2.2-3711.A(4) and (15) for the purpose of reviewing the restrictive behavior plans and/or medication reviews of residents. Such review would necessarily involve discussion and consideration of mental and medical records which are confidential and exempted from the Freedom of Information Act.

After review in Executive Session, a motion was made by Dr. Ohlen Wilson and seconded by Joyce Bunn that the LHRC convene in Open Session.

Upon reconvening in Open Session, the Local Human Rights Committee unanimously certified that, to the best of each member's knowledge, only
public business matters lawfully exempted from statutory open meeting requirements, and only public business matters identified in the motion to convene the Executive Session, were discussed in the Executive Session.

On a motion made by Sandy Yates and a second by Betty Meredith, the LHRC unanimously approved as presented individual programs presented by first names and register numbers for residents of Connections, New Horizon, and Pathways Cottages.

Due to the lateness of the hour, the group decided to defer Loretta Evans' Resident Services Plan Review Report until next month. Loretta did, however, hand out a list of items needed for the residents that was sent out by Petti Cash, Volunteer Services & Activities Coordinator, along with a request for sponsors.

BJ reported that the changes to the By-Laws were made per the February 2, 2006, SHRC Bylaws and Minutes guidance memorandum. Charlotte Barkley made a motion, seconded by Sandy Yates, that the revised by-laws be accepted. The committee members unanimously approved this motion.

The next meeting of the LHRC is scheduled for Wednesday, March 22, 2006.

A motion was made by Betty Meredith and seconded by Dr. Wilson that the meeting be adjourned. The motion carried.